



DR. WARREN'S DISCHARGE INSTRUCTIONS FOLLOWING YOUR
Craniotomy

Medications

Take all of your medications as ordered. Do not discontinue or change the dosage. Do not "double up" on any medications; if you miss a dose, take it when you remember it and then continue with the prescribed times. Try to take your pills at the same time every day.

Personal Hygiene

You may shower. Wash gently around the incision. Do not scrub or soak incisions under water, such as in a bathtub, hot tub or swimming pool, until given permission by Dr. Warren.

Your wound was closed with staples, stitches, or glue called Derma Bond. If Derma Bond was used, do not try to remove it. **Do not put any type of ointment or cream on the wound.**

Activity

Increase your activity as tolerated. Do not bend over from the waist to pick things up – stoop down instead. Do not lift anything heavier than a gallon of milk until given permission by Dr. Warren. Do not drive or operate machinery until Dr. Warren tells you that you can.

Decreased activity after surgery, along with your pain medications, may result in constipation. It is important that you move your bowels regularly – do not strain to have a bowel movement. Fruits, bran cereal, additional fluids or over the counter laxatives will assist you to move your bowels regularly. You may resume sexual activity after checking with Dr. Warren.

Call Dr. Warren if you have any of the following symptoms:

1. Oral temperature over 101 degrees.
2. Redness or swelling around your incision with or without any tenderness.
3. Any drainage from your incision.
4. If the skin edges of your incision start coming apart.
5. Any difficulty with double or blurred vision, or flashing lights in front of your eyes.
6. Weakness, numbness or tingling of your arms or legs.
7. Any difficulty using your arm and/or hand; decreased grasping ability or unable to feel an object.
8. Tripping over your feet, clumsiness, knees giving out or difficulty with balance.
9. New onset of forgetfulness, confusion or decrease in memory.
10. Increased fatigue, increase in sleeping associated with difficulty in waking up.
11. Persistent nausea and/or vomiting.
12. Worsening headache, especially if associated with nausea or vomiting.
13. Any type of seizure activity.

If you have questions or concerns, call Dr. Warren's office at (334) 821-0466

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